Forest School- Wrenthorpe



Activity	Stage 1 Ages 4-6	Stage 2 Ages 7-9	Stage 3 Ages 9-11
Simple Binding Using Garden Wire	Bind garden wire around your hand and/or 2 fingers.	Bind garden wire around three short sticks to make a simple Tee-pee and/or tent shape Mini-Den.	Bind garden wire around three 5/6ft long branches to make a simple full size Tee-pee.
Binding with Rope Using a 3m length of 6mm Polyprolene Rope with an Overhand Loop in one end.	Practise putting the 'working end' of rope through the Overhand Loop at the other end and pulling.	Bind your legs together using a 3m length of rope with an Overhand Loop at one end.	Bind three branches of 5/6ft branches together (with a partner) and make a simple Tee-Pee.
Scavenging	Collect at least 5 different natural objects (safely) and identify their generic name – IE leaf. Extend by sorting.	Collect at least 10 different natural objects (safely) and identify by name. Extend by sorting.	Collect at least 20 different natural objects (safely) and identify by name. Extend by sorting.
Working with Willow	Strip a branch of Willow by pulling the branches downwards.	Bend a length of Willow into a circle and weave into itself to secure.	Using the Willow circle from stage 2 push two antler shaped pieces of willow into the circle to make a Reindeer.
Using a Hammer	Use a small stubby hammer to tap and secure a nail into a piece of wood or softer object, such as a pumpkin.	Use a small stubby hammer to make a simple cross or frame with a few pieces of pallet wood.	Use a small stubby hammer to secure Holly leaves into a piece of pallet wood.
Using a Cordless Drill	Use the Drill to secure a screw into the wood by pulling the trigger and pushing the Drill from above.	Use the Drill to make a simple cross or frame with a few pieces of pallet wood.	Use the Drill to make a simple car with four wheels that spin and allow the car to move.
Using Loppers and a saw	Use Loppers safely to cut thin pieces of branch – up to little finger thickness.	Use Loppers safely to cut thick pieces of branch – up to thumb finger thickness.	Use a saw to cut thick branches.
Whittling a Figurine	Whittle a piece of softwood, such as Willow using a potato peeler.	Whittle a simple, straight stick using a Bush-craft Knife.	Whittle a more complex stick with sticking out bits and knots using a Bush-craft Knife.
Using a Mallet	Mallet one stick into the ground.	Mallet 3 sticks into the ground and make a Tee-pee.	Mallet 4 Sticks into the ground and make a Den.
Wild Den Building	Make a 1 sided den with branches against a fence or wall.	Make a 2 sided den with branches using the branch of a tree or rope ridge line between trees.	Make a 'freestanding' 2 sided den with branches.
Starting a Fire	Use a 'Flint and Steel' to create a spark.	Use a 'Flint and Steel' to create a spark and set fire to a piece of cotton wool.	Use Friction (Bow Drill) to set fire to a piece of cotton wool.
Cooking	Roast a Marshmallow safely on a stick.	Cook Dampa Bread safely on a stick.	Make Pizza in a frying pan.